

Hospital Bag

Checklist

For Mom:

- towel(s)
- medications
- phone & charger
- headphones
- magazines
- wallet
- driver's license
- insurance card
- registration papers
- socks
- slippers
- robe
- sweatshirt
- nursing tanks
- comfy pants
- breastfeeding tops

- toiletries
- makeup
- toothbrush
- toothpaste
- pillow
- glasses/contacts

For Baby:

- going-home outfit
- blanket

For Partner:

- snacks
- toiletries
- pillow/blanket
- headphones/book
- clothes (2 sets)
- phone & camera